



New COVID Update from 29 November 2020

We are pleased to announce that Elements can re-open on Wednesday, 2 December.

Following Government confirmation that Cornwall will be placed into Tier 1 of the new coronavirus restrictions, meaning our hotel and restaurant will be open to visiting once the current lockdown ends.

Excitingly, we are launching a new menu to welcome you back to Elements with some new dishes on offer as well as your old favourites.

In line with the recent announcement from the UK government, we have altered our opening times at Elements to ensure the continued safety of our customers.

To comply with the change in legislation, we will be serving lunch from midday to 2:30 pm and dinner from 5:30-11 pm. The last sitting for food is at 8:30 pm. We are open as usual from 10 am for coffees and cakes.

*Our Menu is available through **tables service only**, and we would advise booking ahead to avoid disappointment.*

Your safety is our priority; therefore, we do require customers to sanitise their hands upon entering Elements. We also ask you to wear a mask at all times, except when you are seated. All our bar staff and waiters will wear face coverings/visors when serving you, to keep everyone safe and sound.

*We are also accepting bookings, per previous governmental guidelines, of **a maximum of six people**.*

To book a table, please phone 077921 48875, send us a message on Facebook, or send an email to info@elements-life.co.uk.