

# elements

HOTEL . BAR . RESTAURANT

## Breakfast Menu

*Breakfast Menu – served 7.45 – 9am – Earlier breakfast upon request*

### TEAS & COFFEE

Choose from tea, filter coffee or a fresh Italian coffee –  
latte or espresso

### FRUIT JUICES

Orange, cranberry, grapefruit or apple juice

### CEREALS

A selection of cereals, seeds and yoghurt

### TOAST AND PRESERVES

Brown or white toast with butter and preserves

### THE FULL ENGLISH

Sausage, two rashers of char grilled bacon, mushroom, sauté  
potatoes, grilled tomato, and two fried eggs

### THE LITTLE ENGLISH

As above, just a bit smaller!

### ON TOAST

Scrambled, poached or fried eggs on toast

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