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HOTEL / BISTRO  
MENU

# elements

## NIBBLES

Homemade bread and Trewithen farm butter	£1.50
Olives, feta and sundried tomatoes	£2
Marinated olives	£1.50
Garlic bread	£2

## TO START

Antipasti - cured meats, feta cheese, olives, sundried tomatoes, foccacia	£8
Leek and potato soup, homemade bread	£5
Smoked salmon, buckwheat blini, horseradish cream, herb salad	£7
Roasted red pepper, basil & goats cheese tartlet, mixed leaves, sherry vinegar dressing	£6.50
Caesar salad, croutons, crispy pancetta, parmesan	£6
Home made Thai spiced fishcakes, tartare sauce	£6

## TO FOLLOW

28 day hung sirloin, grilled mushroom, roast tomato, fries, peppercorn sauce	£18
Duck confit, creamy mash, red cabbage, red wine jus	£16
Chicken breast, creamy mash, roast vegetables, red wine sauce	£16
Locally caught monkfish, fragrant rice, thermidor sauce	£16
Roasted red pepper & artichoke risotto	£14
Wild bass fillet, pumpkin puree, crushed new potatoes, chive and lemon cream sauce	£17
Home made burger, cheddar cheese, home made ketchup, fries	£14
Home made Thai spiced fishcakes, tartare sauce, mixed leaves	£14
Beer battered haddock, fries, pea puree	£14

## EXTRAS £2

Buttered carrots
Red cabbage
Green beans
French fries
Rocket and parmesan
Mange tout

## TO FINISH

Sticky toffee pudding, toffee sauce, clotted cream	£6
Mincemeat strudel, rum and raisin ice cream	£6
Griotine cherry crème brûlée	£6
Warm chocolate brownie with vanilla Chantilly cream	£6
Cornish cheese platter, fig chutney, apple, walnuts	£7

### WITH HELP FROM...

BRADLEYS DAIRY / Delabole – All milk and cream from their own farm and butter from Trewithen farm Lostwithiel.

BEACH HOUSE WET FISH / Widemouth bay – Fish from the Bude day boats and Looe market.

BOB THE BUTCHER / Bradworthy- All meat sourced within a five mile radius of the shop.

CREEDY CARVER FARM / Crediton – All our free range chicken and duck.

BFS / Bodmin – Fruit and vegetables, as much as possible is sourced in Cornwall.